

OVERBERG WINE WALK

The trail is designed for those who enjoy walking at a leisurely pace in natural environments, who appreciate award-winning wines and great food in unique settings. The Hemel & Aarde Valley lends itself to this magical experience. Many of the wine estates owners in the valley have partnered with the conservation sector –WWF-SA’s Biodiversity & Wine Initiative with the aim of preserving and regenerating biodiversity in the Cape Floral Kingdom. These threatened remnants of fynbos are the corridors of floral splendor we explore on our journey.

Luggage is transferred from one cottage to the next, enabling walkers to make the most of the walk while carrying only a light day pack. Accommodation in the valley is mostly 4 star guesthouses and farms, primarily geared for couples sharing rooms. There is some flexibility with queen beds and twin beds; we just need to know beforehand. We welcome groups from 2 to 12 people and tailor route lengths to suit fitness levels and interests, generally covering 10-12 km per day.

Currently there are 3 Overberg Wine Walk options available:

- 2 night Overberg Wine Walk
- 3 night Overberg Wine Walk
- 4 night Overberg Wine Walk

Please contact us for details.

These are links to some of the estates and the restaurants we visit.

- <http://www.hamiltonrussellvineyards.com/>
- <https://www.bouchardfinlayson.co.za/>
- <https://lavierge.co.za/>
- <https://www.sumaridge.co.za/>
- <https://www.ataraxiawines.co.za/>
- <http://www.spookfontein.co.za/index.php/restaurant>
- <https://moggscookhouse.co.za/>
- <http://dutchies.co.za/menu/>